ARTICLE

Beyond the 9-to-5

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This week's schedule:

Monday: Get up, work, sleep.

Tuesday: Get up, work some more, and sleep.

Wednesday: Get up, work yet again, and then sleep.

Why do our schedules look this way? Why are we always spending so much time working? In today's complex society, everyone works. However, we can all agree that the majority of people despise work. We dread Mondays, when we need to come back to work and be working for five to six days straight. And this is all for cash, something we have come to value so much. Today, work doesn't seem to have a meaning anymore. Workers feel like they're just wasting their life away, watching a clock on a wall tick. So, what can we do to fix this problem? We can change the work system itself.

Starting off, is this the TRUTH? Unfortunately, yes. The reality is that many of us are trapped in an endless cycle that feels meaningless. Our value is measured by our economic output, not by how much effort we put in or how we affect society. It's true that we need to work to sustain our lives and support our families, but when did our jobs start to consume the very essence of our being? This pursuit of economic success has led to a global crisis. Workers all over the world wake up each day, not with a sense of importance, but with a heavy heart, knowing that the hours ahead will be filled with tasks that seem to serve little purpose other than to fill the pockets of the already wealthy. The truth is, while jobs are essential, they should not define our entire existence. We are so much more than our job titles, our salaries, and our professional achievements.

Next, is this FAIR to all concerned? Absolutely not. The current work culture prioritizes productivity and profit over people, completely disregarding our interests. This overlooks basic human concepts: our need for rest, creativity, connection, and the pursuit of passion outside our jobs. The question of fairness makes us rethink how work is structured. Other than the company, shouldn't a fair system also consider the individual? An equal and fair system would balance

work with life, ensuring that people don't live to work, but live and work.

Now, will this build GOODWILL and BETTER FRIENDSHIPS? If we turn in the right direction, certainly. Work impacts our relationships and social connections. The current model, with its long hours and high stress, can isolate us from our families, friends, and communities. By changing this model, we would create environments that support our growth and well-being. This would build stronger bonds between people, more connective networks, and a sense of belonging.

Finally, will this be BENEFICIAL to all concerned? With a new model, changes in work will definitely benefit everyone. If we change our work ethic to value personal needs and societal contribution, we would have a much more sustainable world. We would make a society where people engage in work which they find meaningful - creating a balanced life. This society could innovate in ways never seen before, addressing real-world problems, creating solutions that benefit everyone, not just the elite. The effects would be phenomenal, strengthening communities, and creating a culture of care and respect.

We must challenge the current working model and envision a future where work serves humanity, not the other way around. If we act, we can create a world where work improves our wellbeing, instead of degrading it. This isn't just about making our schedules less boring, it's more than that. It's about transforming our societal values, our workplaces, and ultimately, our lives. Let's find a world where we wake up excited for the day, not because we get to work, but because our work contributes to our happiness. And if we can do that, we can curve our world towards a better, brighter future.